

Teaching RSE (Relationships and Sex Education) at Blackwell Primary School.

At Blackwell Primary School, teachers will be teaching the RSE units of work in the Second half of the Summer term (June – July.)

The opening paragraph of the Department for Education guidance states: "Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way." We believe this is at the heart of the RSE teaching at Blackwell and have developed a policy that reflects this.

The RSE Policy at Blackwell states the following aims: (The policy can be found on the school website)

- Provide a framework, tailored to our community in which sensitive discussions can take place.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

What must primary schools teach in Relationships Education, Health Education and Sex Education?

From September 2020, Relationships and Health Education are compulsory in all primary schools in England. For primary aged children this includes curriculum content under two headings (DfE 2019):

Relationships Education

- Families and people who care for me.
- Caring Friendships.
- Respectful relationships.
- Online Relationships.
- Being safe.

Health Education

- Mental wellbeing
- Internet safety and harms
- Changing adolescent body

Primary RSE



Teaching RSE at Blackwell Primary School.

The school will be using the Christopher Winter Project – Teaching RSE with Confidence in Primary Schools.

This 5th edition of *Teaching RSE with Confidence in Primary Schools* reflects recent developments in PSHE and the Statutory Guidance for Relationships Education, RSE and Health Education.

These resources are West Sussex approved.

The Christopher Winter Project have devised new lessons which increase the focus on families, relationships, safeguarding and keeping children safe. This resource encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends.

In Reception we focus on families and friendships. From Year 1 children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help.

The curriculum continues to develop their knowledge and skills as they learn about the physical and emotional changes of puberty and about reproduction.

In Year 6 we have added an extra lesson on internet safety and communication in relationships.

The materials have been used to train thousands of teachers to teach RSE with confidence. Every unit has been taught in a variety of school settings and has been enthusiastically received by teachers and pupils.

CWP Curriculum Overview

reception

year 1

year 2

year 3

year 4

year 5

year 6

Additional

Reception Family and Friendship

Lesson 1: **Caring Friendships**
Lesson 2: **Being Kind**
Lesson 3: **Families**

Year 1 Growing and Caring For Ourselves

Lesson 1: **Different Friends**
Lesson 2: **Growing & Changing**
Lesson 3: **Families & Care**

Year 2 Differences

Lesson 1: **Differences**
Lesson 2: **Male & Female Animals**
Lesson 3: **Naming Body Parts**

Year 3 Valuing Difference and Keeping Safe

Lesson 1: **Body Differences**
Lesson 2: **Personal Space**
Lesson 3: **Help and Support**

Year 4 Growing Up

Lesson 1: **Changes**
Lesson 2: **What is Puberty?**
Lesson 3: **Healthy Relationships**

Year 5 Puberty

Lesson 1: **Talking about Puberty**
Lesson 2: **The Reproductive System**
Lesson 3: **Help and Support**

Year 6 Puberty, Relationships & Reproduction

Lesson 1: **Puberty & Reproduction**
Lesson 2: **Communication in Relationships**
Lesson 3: **Families, Conception & Pregnancy**
Lesson 4: **Online Relationships**

Additional Folder Year 5/6

Unit 1: **FGM**
Unit 2: **Respect and Equality**

The school will not be using these additional resources at this time.

This is an overview for the whole school.

Further information is on the RSE Policy which can be found on the school Website.

The following pages outline the lesson content and resources for Year 3. The lessons are designed to build on the learning the children did last year.

RSE in Year 3 at
Blackwell Primary
School.

This is the vocabulary that will be used
in this unit of work.

Year 3

Valuing Difference and Keeping Safe Key Stage 2

Scheme of Work

Word Box: Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering, adoption, relationship

Statutory Guidance

Relationships Education:
Respectful relationships
(3a)

Learning Intentions and Learning Outcomes

Learning Intention
To identify that people are unique and to respect those differences
To explore the differences between male and female bodies
Learning Outcomes
Know and respect the body differences between ourselves and others
Name male and female body parts using agreed words

Lesson Title

Lesson 1
[Body Differences](#)

Resources

It's OK to be different, Todd Parr
[Pictures of male and female bodies](#)
[Body Difference matching cards](#)
Additional Activities
Cinderella's Bum, Nicholas Allan
Shaperville, Andy Mills

Relationships Education:
Caring friendships (3a)
Respectful relationships
(3b,3d,3f)
Being safe (5a,5b,5c,5d,5f,5g)

Learning Intention
To consider appropriate and inappropriate physical contact and consent
Learning Outcomes
Understand that each person's body belongs to them
Understand personal space and unwanted touch

Lesson 2
[Personal Space](#)

[BANTS cards](#)
[Unwanted Touch scenarios](#)
Additional Activities
It's my body - a book about body privacy, Louise
Spillbury and Minella Mariani

Relationships Education:
Families and people who care
for me (1a,1b,1c,1d,1f)
Being safe (5d,5f,5g, 5h)

Learning Intention
To explore different types of families and who to go to for help and support
Learning Outcomes
Understand that all families are different and have different family members
Identify who to go to for help and support

Lesson 3
[Help and Support](#)

[Families pictures](#)
[Who can I talk to? worksheet](#)
The Family Book, Todd Parr
Additional Activities
Tell Me Again About The Night I Was Born, Jamie Lee
Curtis
Who's in a Family? Robert Skutch
Happy Families, Allan Ahlberg
Spark Learns to Fly, Judith Faxon
Stringer Donger, Anne Fine

These detail
the statutory
elements.

There are 3 lessons.
These will cover the
following:

Lesson 1: Body
differences.

Lesson 2: Personal
space

Lesson 3: Help and
support.

Female

Male



Lesson 1 uses these resources.

Body Difference matching cards

1.
Our bodies are all unique, but we have many body parts that are similar



2.
One difference is the male and female private parts



3.
The vulva is a female private part



Year 3 Lesson 1:
Body differences

Body Difference matching cards- 2

4.
The vagina is inside the body and leads to the uterus



5.
The penis and testicles are male private parts



6.
These different private parts are needed if people choose to have a baby when they are grown up.



PANTS Cards

Privates are private

Always remember your body belongs to you

No means no

Talk about secrets that upset you

Speak up, someone can help

Year 3 Lesson 2:

Personal space

Unwanted Touch Scenarios

Sam is always running over to Ali in the playground and hugging him. Sam never asks if this is okay. Ali finds it annoying and is getting upset.

Kal's 15-year-old cousin Jay sometimes babysits for them. Jay is nice, but sometimes when they are watching TV Jay strokes Kal's hair. Kal feels uncomfortable and moves away but later Jay does it again.

Nia's mum's friend always grabs and tickles her every time she comes to the house. Nia used to think it was funny when she was younger but now she finds it really embarrassing.

Tyler really loves his uncle and likes to shake his hand when they meet. Recently, when Tyler shakes his hand his uncle pulls him in and hugs him so hard it hurts.

Lesson 2 uses these resources.



Year 3 Lesson 3:
Help and Support

Resources for Lesson 3 –
families.

Who can I talk to?

If I had a problem I could talk to these people:

Someone in my family
or others who look after me

Someone at school

Someone I don't know
but I feel it is ok to talk to

Lesson 3 uses these
resources.