

P.E- progressive vocabulary lists by Year Group

All learners to know, understand meaning and use vocabulary - building year on year.

All teachers to reference and use the vocabulary securing and building from year to year

Athletics	Key Stage 1	Key Stage 2 To include and build upon the vocabulary from KS1
	Competition Distance Jumping Measuring Personal best Races Running Speed Throwing	Co-ordination Measurements Movement Technique Timing

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Badminton	Accuracy Grip Height Score Server Shuttle Speed Stance Swing Tactics Teamwork Follow – on through Get in line Move Partner Power Racquet Ready Receive Aim Be ready Control Cooperation Direction	Rally Serve Movement Net Court Grip

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Basketball	Basket ball Bounce Catch Hoops Passing Shooting Teamwork Scoring Dribbling	Chest pass Net Possession Score Shoot Space

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Cricket	Batting Catching Communication Experiment Feeder Fielder Fielding Get in line Long barrier Striking Teamwork Throwing Tracking the ball Underarm Wicket keeper Wickets	Accuracy Aiming Bowling Overarm Runs Score

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Dance	- Canon - Express - Movement - Neat - Performance - Phrase - Teamwork	- Beat of 8 - Count - Choreography - Co-ordination - Dance - Fluency - Music - Routine - Tutting - Unison

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Dodgeball	Aim Bounce Catch Control Dodge Dodgeball Pass React Reaction time Roll Speeds Target Teamwork Throw	Positioning Side shot Speed Strike Underarm throw

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Football	Control Dribbling Football Goals Passing Scoring Shooting Sole Teamwork	Aim Attacking Defending Direction Saving Tackle Throwing Turning

	EYFS
Fun and games	Breathing Counting Direction Head up Hear Listen Look Run Sight Watch Work together

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Golf	Bunker Explore Fairway Forfeit Head up Improve Quickly Repeat Rough Successfully Technique	Accuracy Chipping Coordination Putting Speed Target

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Gymnastics	Balance Express Key shapes Movement Neat Performance Roll Straight Teamwork Tense	Apparatus Balances Coordination Gymnastics Jumps Key shapes Partners Rolls Routine Sequence Travelling

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Handball	Bounce Catch Dribbling Goals Handball Passing Scoring Shooting Teamwork	Accuracy Aim Control Intercept Power Receive Space Support Throw

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Hockey	Dribbling Goal Hockey Hockey stick Passing Push pass Roll Scoring Shooting Teamwork	Aim Attack Control Decision making Defence Direction Possession Shoot Slap pass Speed Stop Turn

	EYFS
Me and myself	Awareness Body parts Changing Direction Heart rate Instruction Lesson Listen Quick/speed Uniform

	EYFS
Movement development	Awareness Control Coordination Creative Fast Fluently Free High Low Movements Run Slow Space Walk

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Netball	Accuracy Aim Balance Ball Catch Control Get in line Pass Roll Space Team Teamwork Throw	Bounce pass Chest pass/pass Direction Passing Power Rules Score Shoot Speed Technique

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Orienteering	Challenge Compass Directions Map Orienteering Problem solving Route Safety Teamwork Together	Communication Control plotting Indoor mapping Map skills Picture orienteering

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Rounders	Aiming Backstop Balance Ball Batting Catch Control Fielding Keep score Run Score Shot selection Skill Teamwork Technique Throw	Accuracy Communication Long barrier Power Space Targets

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Tag Rugby	Attack Belts Catch Defend Space Tag rugby Target Try	Attach Defence Dummy Mark Pass Share Tag

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Tennis	Accuracy Aiming Balance Ball control Bounce Bounce Catch Cooperate Feed High Low Movement Positioning Ready position Receive Rolling Score Send Tennis racquet/racquet Throw Underarm	Control Cooperative play Court target Direction Free space Partner Power Racquet Space Swing

	EYFS	
Throwing and catching	Aim Bounce Catch Count Hands Kick	Push Ready Roll/push Target Throw Watch

	Key Stage 1	Key stage 2 To include and build upon the vocabulary from KS1
Volleyball	Accuracy Aim Ball Catch Control Describe Inline tactic Ready Ready opposition Receive Rules Score Send Skills Space Stop Throw Watch	Aiming Ball flight Direction Hands Power Ready position Speed Successful Tactics Watch the ball Wide

	EYFS	
Working with others	Aim Bounce Catch Count Help Partner	Ready Roll Target Team Throw Watch