
7th January 2026

Dear Year 6 Parents

BIKEABILITY – MONDAY 16TH MARCH TO FRIDAY 20TH MARCH 2026

We are excited to announce that your child has the opportunity to take part in Bikeability. Bikeability offers young people the chance to develop their skills and confidence to cycle safely on today's roads. Courses are not designed to teach trainees how to ride, but to increase their basic skills, observation, hazard awareness and perception of risk.

The children receive small group training with a qualified instructor and in some cases 1:1 support. We feel that this is a great opportunity to develop the whole child and to enable them to grow more independence with learning road safety in a safe and controlled setting.

To take part in Bikeability, riders must have the following:

- A roadworthy bicycle that is in good working order and of the correct size. *Please refer to pages 6 and 7 of the Cycle Right Magazine for bike checks.*
- Both front and rear brakes must be in full working order, the tyres must be in good condition and pumped up, the handlebars securely attached and fitted with bar end plugs.
- An approved correctly fitting cycle helmet. *Please refer to page 7 of the Cycle Right Magazine.*
- Appropriate dress for the weather conditions. *(A waterproof coat if it is raining and sunscreen if it is hot and sunny).*

Accompanying Information:

- **Cycle Right:** Please see the attached pdf link to the Bikeability magazine which outlines the course content as well as other safety advice:
https://www.westsussex.gov.uk/media/11975/cycle_right.pdf
- If your child does not have access to a bike or helmet for the training, please let us know and we can talk to the course providers.

Unfortunately, Bikeability in West Sussex has moved to a charging model, due to the loss of funding from Public Health and Education. In light of this, the school will subsidise half the cost. This means the cost to parents is £10 per child.

If you are interested in your child participating in Bikeability, please complete the consent form below by **Friday 16th January 2026**.

<https://forms.gle/E1nz42K4EGPZP2Ny5>

Please make your payments online, via the Arbor app, by **Friday 30th January 2026**.

Many thanks for your continued support.

Yours sincerely

Ms J McKnight
Year 6 Teachers

Mrs E Ridgers